



Simplot Classic Vegetables® - Simply Sweet 5.5" Cob Corn, 48ct

The sweetest, most nutritious corn grows best in climates like the Pacific NW where the temperatures are hot during the day, cool in the evenings. Consistent quality and sweet taste with extra tender kernals.



Nutrition Facts

Serving Size 1 Cob (162g) Edible Portion
Servings per container about 48

	Calories from fat 10
	% Daily Values *
Calories 160	
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 10mg	0%
Total Carbohydrates 38g	13%
Dietary Fiber 5g	20%
Sugars 6g	0%
Protein 5g	0%
Vitamin A	8%
Vitamin C	20%
Calcium	0%
Iron	6%

* Percent Daily Values are based on a 2,000 calorie diet.

Ingredients

Corn

Product Specifications

Sku:	10071179187417
Pack:	1/25.50 LB
Brand:	Simplot Classic Vegetables®
Gross Weight:	27.00 LB
Net Weight:	25.50 LB
Country of Origin:	US
Kosher:	No
Vegan:	Yes
Vegetarian:	Yes
Gluten Free:	Yes
Allergens:	Crustacean Shellfish Free, Egg Free, Fish Free, Milk Free, Peanut Free, Sesame Free, Soy Free, Tree Nut Free, Wheat Free, Gluten Free

Shipping Information

Length:	17.375 IN
Width:	13.375 IN
Height:	6.375 IN
Case Cube:	0.860
TixHi:	8X9
Shelf Life:	720 Days
Storage Temp From/To:	-10 FA / 10 FA

Benefits

- All the great flavor of Simply Sweet corn in a longer cob length.
- Ready to use, no extra labor or time required.
- Excellent for steam table use.
- Bright yellow color and deliciously sweet flavor.
- Straight, even rows enhance plate presentation.

Serving Suggestions

Consistent food costs. Make your own signature blends. Menu cycles do not have to coincide with fresh ingredient availability. Easily rotate your vegetarian menu offerings. Excellent for steam table use.

Prep Instructions

Keep frozen until ready to use. For food safety and quality, follow these cooking instructions to ensure product reaches an internal temperature of 165°F. TO SERVE COLD: For food safety and quality prepare vegetable as stated below. Then cool as rapidly as possible to refrigerated temperature. STOVE TOP: Turn temperature to high. Bring 4 qts water to boil in a 7 qt pot. Add frozen corn to boiling water. Cook 16 minutes for 4 cobs or 17 minutes for 7 cobs. STEAMER: Arrange cobs in a slotted half-size steam table pan. Cook 17 minutes for 4 to 7 cobs. MICROWAVE: (1100 watt) Place 1 cob in microwave dish with 1 tbsp water. Cover. Cook on high for 4 1/4 minutes. MICROWAVE: (1100 watt) Place 2 cobs in microwave dish with 2 tbsp water. Cover. Cook on high 6 1/2 minutes. MICROWAVE: (2200 watt) Place 1 cob in microwave dish with 1 tbsp water. Cover. Cook on high 1 1/4 minutes. MICROWAVE: (2200 watt) Place 2 cobs in microwave dish with 2 tbsp water. Cover. Cook on high 3 1/4 minutes.