



## Simplot Simple Goodness Fruit™ - IQF Mango Cubes, 2/5#

Selected from the top growing regions in the U.S. and abroad, Simplot fruit delivers all the color and flavor of fresh, without the costly, time-consuming prep and waste. Stringent quality-control specifications ensure you receive only the highest grade fruit. We offer the best taste, texture, and appearance to help you plate delicious creations.

### Nutrition Facts

Serving Size 3/4 cup (123g)  
Servings per container about 37

Calories 80	Calories from fat 0
% Daily Values *	
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrates 19g	6%
Dietary Fiber 1g	4%
Sugars 33g	0%
Protein 1g	0%
Vitamin A	0%
Vitamin C	25%
Calcium	0%
Iron	2%

\* Percent Daily Values are based on a 2,000 calorie diet.

### Ingredients

Mango

### Product Specifications

SKU:	10071179035084
Pack:	2/5.00 LB
Brand:	Simplot Simple Goodness Fruit™
Gross Weight:	11.75 LB
Net Weight:	10.00 LB
Country of Origin:	PE
Kosher:	No
Vegan:	Yes
Vegetarian:	Yes
Gluten Free:	Yes
Allergens:	Crustacean Shellfish Free, Egg Free, Fish Free, Milk Free, Peanut Free, Sesame Free, Soy Free, Tree Nut Free, Wheat Free, Gluten Free

### Shipping Information

Length:	10.575 IN
Width:	9.395 IN
Height:	7.315 IN
Case Cube:	1.010
TixHi:	10X10
Shelf Life:	720 Days
Storage Temp From/To:	-10 FA / 10 FA

### Benefits

- Naturally sweet, bright color and delicious tropical flavor.
- No sugar added, allows more serving options.
- Easy preparation; thaw and use just like raw product.

### Serving Suggestions

Trending ingredient in smoothies and cocktails. Great for desserts, breakfast items, salsas, salads and more.

### Prep Instructions

Thaw under refrigeration and serve. For best results, serve/use slightly frozen.