



Nutrition Facts

Serving Size 3 oz (84g/about 26 pieces)
Servings per container about 80

Calories 120	Calories from fat 35
% Daily Values *	
Total Fat 4g	6%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 130mg	5%
Total Carbohydrates 19g	6%
Dietary Fiber 4g	16%
Sugars 7g	0%
Protein 1g	0%
Vitamin A	20%
Vitamin C	0%
Calcium	2%
Iron	4%

* Percent Daily Values are based on a 2,000 calorie diet.

Ingredients

Sweet Potatoes, Vegetable Oil (Soybean, Canola, Cottonseed, and/or Sunflower), Food Starch-Modified, Contains less than 2% of: Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Paprika Oleoresin Color, Rice Flour, Salt, Spice, Sugar, Xanthan Gum



Simplot Sweets® - Sweet Potato Fries Regular Cut 3/8" 6/2.5lb

Farm cured to sweet perfection. Curing is nature's way of putting the sweet in sweet potatoes. That's why all of our sweet potatoes are naturally cured right on the farm. Held under exact heat and humidity levels, the starches convert to sugars and they get sweeter naturally. At the peak of sweetness, they're ready to become Simplot Sweets®.

Product Specifications

SKU:	10071179027805
Pack:	6/2.50 LB
Brand:	Simplot Sweets®
Gross Weight:	17.00 LB
Net Weight:	15.00 LB
Country of Origin:	US
Cut Type & Size:	straight - 3/8"
Kosher:	No
Vegan:	No
Vegetarian:	Yes
Gluten Free:	Yes
Allergens:	Crustacean Shellfish Free, Egg Free, Fish Free, Milk Free, Peanut Free, Sesame Free, Soy Free, Tree Nut Free, Wheat Free, Gluten Free

Shipping Information

Length:	16.000 IN
Width:	13.000 IN
Height:	6.125 IN
Case Cube:	0.740
TixHi:	9X11
Shelf Life:	720 Days
Storage Temp From/To:	-10 FA / 10 FA

Benefits

- Bake or fry preparation convenience.
- Sweets meet consumer's desire for healthier menu choices.
- Sweet potato fries are exceptionally versatile across the menu and cuisine types.
- Great second fry alternative.
- Excellent source of Vitamin A, naturally cholesterol free, and 0g trans fat per serving.

Serving Suggestions

South-of-the-Border Twist - Replace rice and beans with Simplot Sweets® for a colorful change of pace with southwest-influenced menu items. Slide in some Sweet Potatoes - Serve up some sliders with Simplot Sweets® for a winning on-trend menu item. Skinny Dipping - Serve Simplot Sweets® with your favorite dips for a fun, flavorful appetizer that offers a healthy halo.

Prep Instructions

DEEP FRY: Preheat fryer to 345F. Fill fryer basket no more than half full. Fry for 1 3/4 to 2 minutes. Do not overcook. CONVECTION OVEN: Preheat oven to 400F. Arrange fries in a single layer on a sheet pan. Bake for 8 to 10 minutes. STANDARD OVEN: Preheat oven to 400F. Arrange fries in a single layer on a sheet pan. Bake for 20 to 24 minutes. COMBI OVEN: Preheat oven to 375F. Set steam setting to 100%. Set fan setting to 75%. Arrange one bag of fries on a full size sheet pan. Bake for 9 to 11 minutes.

